



Nutritional Specifications

		UPC #	Serving Size	Amount per Serving				
				Calories	Calories from Fat	Calories from Saturated Fat	Total Fat	
							%*	
Essential Ingredients	Picadillo con Papas ~ Taco Filler with Potatoes	7-15217-00075-9	1oz./28g	25	10		1g	1%
	Picadillo con Verduras ~ Taco Filler with Vegetables	7-15217-00079-7	1oz./28g	25	10	0	1g	2%
	Pollo en Salsa Ranchera ~ Chicken in Ranchera Sauce	7-15217-00002-5	1oz./28g	40	20		2.5g	4%
	Carnitas ~ Fried Pork	7-15217-00092-6	1oz./28g	50	30	10	3g	5%
	Salsa Roja con Chicharron ~ Red Sauce with Pork Rinds	7-15217-00094-0	1oz./28g	20	20	5	2g	3%
	Salsa Verde con Chicharron ~ Green Sauce with Pork Rinds	7-15217-00095-7	1oz./28g	20	20	5	2g	3%
	Chile Verde ~ Canitas in Green Sauce	7-15217-00091-9	1oz./28g	70	60	20	6g	10%
Flautas, Taquitos and Chiles	Flautas de Res ~ Beef Flautas Not Fried / Uncooked	7-15217-00008-7	57g / 1 piece	90	40		4.5g	7%
	Flautas de Pollo ~ Chicken Flautas Not Fried / Uncooked	7-15217-00009-4	57g / 1 piece	80	35		4g	6%
	Taquitos ~ Mini-Tacos							
	~ Beef Not Fried / Uncooked	7-15217-00010-0	1pc./28g	45	5		1g	1%
	~ Cheese Not Fried / Uncooked	7-15217-00030-8	1pc./28g	60	20		2g	3%
	~ Chicken Not Fried / Uncooked	7-15217-00080-3	1pc./28g	45	10	0	1g	2%
	Chiles Rellenos de Picadillo ~ Stuffed Peppers with Taco Filler	7-15217-00028-5	284 g / 1 piece	540	140		15g	23%
	Chiles Rellenos de Queso ~ Stuffed Peppers with Cheese	7-15217-00029-2	201g / 1 piece	310	140	80	15g	24%
	Frijoles ~ Beans	Refried Beans ~ Original Style	7-15217-00025-4	1oz./28g	60	35		4g
Refried Beans ~ Vegetarian Style		7-15217-50000-6	1oz./28g	60	35		4g	6%
Frijoles a la Charra ~ Cowboy Beans		7-15217-00035-3	1oz./28g	20	5	0	1g	1%
Arroz ~ Rice	Spanish Rice	7-15217-00006-3	1oz./28g	30	15		2g	3%
	Spanish Rice with Vegetables	7-15217-00034-6	1oz./28g	30	10	0	1g	2%
Noodles	Fideo ~ Noodles	7-15217-00043-8	1oz./28g	25	0	0	0g	0%
Salsas ~ Sauces	Mole Sauce	7-15217-13000-5	1oz./28g	35	20	0	2.5g	4%
	Salsa Ranchera	7-15217-00055-1	1oz./28g	10	0		0g	0%
Caldos & Guisados	Caldo de Albondigas ~ Meatball Soup	7-15217-00076-6	1oz./28g	20	10	0	1g	2%
	Menudo ~ Pepper Pot Soup	7-15217-00077-3	1oz./28g	10	5	0	0.5g	1%
	Carne de Res a la Mexicana ~ Mexican Style Beef Stew	7-15217-00073-5	1oz./28g	35	15	5	2g	3%

Saturated Fat		Trans Fat	Cholesterol		Sodium		Total Carbohydrates		Dietary Fiber		Sugars	Protein	Vitamin A	Vitamin C	Calcium	Iron
	%*			%*		%*		%*		%*						
0g	0%	0g	5mg	2%	110mg	5%	2g	1%	0g	0%	0g	3g	0%	2%	0%	2%
0g	0%	0g	5mg	2%	120mg	5%	2g	1%	0g	0%	0g	2g	0%	4%	0%	2%
0.5g	3%	0g	15mg	4%	110mg	5%	1g	0%	0g	0%	0g	4g	2%	4%	0%	2%
1g	6%	0g	20mg	6%	85mg	4%	0g	0%	0g	0%	0g	5g	0%	0%	0%	2%
0.5g	3%	0g	5mg	2%	260mg	11%	1g	0%	0g	0%	0g	2g	2%	2%	0%	0%
0.5g	3%	0g	5mg	2%	280mg	12%	1g	0%	<1g	3%	0g	2g	0%	2%	0%	0%
2.5g	12%	0g	15mg	6%	100mg	4%	1g	0%	0g	0%	0g	4g	0%	2%	0%	2%
1g	4%	0g	15mg	5%	100mg	4%	10g	3%	1g	6%	0g	7g	2%	2%	2%	6%
0g	0%	0g	20mg	7%	125mg	5%	9g	3%	1g	5%	1g	7g	2%	2%	2%	4%
0g	0%	0g	5mg	1%	95mg	4%	7g	2%	<1g	4%	0g	2g	0%	0%	2%	4%
1g	5%	0g	5mg	1%	115mg	5%	7g	2%	1g	5%	0g	3g	2%	0%	2%	4%
0g	0%	0g	5mg	2%	85mg	4%	7g	2%	<1g	3%	0g	2g	0%	0%	2%	4%
3g	15%	0g	85mg	29%	1070mg	45%	85g	28%	25g	102%	3g	28g	440%	8%	20%	80%
8g	42%	0g	100mg	33%	810mg	34%	29g	10%	3g	13%	4g	15g	50%	0%	35%	15%
1.5g	7%	0g	5mg	1%	85mg	4%	5g	2%	2g	6%	0g	2g	0%	0%	2%	2%
1g	5%	1g	0mg	0%	85mg	4%	5g	2%	2g	6%	0g	2g	0%	0%	2%	2%
0g	0%	0g	0mg	0%	95mg	4%	3g	1%	<1g	3%	0g	1g	0%	0%	0%	2%
0g	0%	0g	0mg	0%	120mg	5%	7g	2%	0g	0%	0g	1g	0%	0%	0%	0%
0g	0%	0g	0mg	0%	95mg	4%	6g	2%	0g	0%	0g	1g	4%	0%	0%	2%
0g	0%	0g	0mg	0%	35mg	1%	6g	2%	0g	0%	1g	1g	2%	2%	0%	2%
0g	0%	0g	0mg	0%	0mg	0%	3g	1%	0g	0%	1g	1g	0%	0%	0%	0%
0g	0%	0g	0mg	0%	150mg	6%	2g	1%	0g	0%	1g	0g	2%	2%	0%	0%
0g	0%	0g	0mg	0%	170mg	7%	1g	0%	0g	0%	0g	1g	2%	2%	0%	2%
0g	0%	0g	15mg	5%	105mg	4%	0g	0%	0g	0%	0g	2g	0%	0%	0%	0%
0.5g	3%	0g	10mg	4%	100mg	4%	1g	0%	0g	0%	0g	4g	0%	2%	0%	2%



*Percent Daily Values are based on a 2,000 calorie diet. Your daily values maybe higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	less than	65g	80g
Saturated Fat	less than	20g	25g
Cholesterol	less than	300mg	300mg
Sodium	less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram	Fat	Carbohydrates	Protein
	9	4	4

Note: This nutrition information is based on a software analysis of Pepe's recipes. The software used for this analysis is "Genesis R&D Version 7.7". The serving size for all products is 28g (1oz), except for Mini-Tacos, Flautas and Chiles Rellenos. The serving size for these items is the average weight of each piece from one batch of product.

All information in this document is subject to change.

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